

WACHUSETT REGIONAL HIGH SCHOOL ATHLETIC DEPARTMENT



Boys Basketball Program Expectation Sheet

- Varsity players practice six days a week including school vacations. JV/Freshman teams practice five days a week including school vacations and weekends. There are two to three varsity games per week, 21 varsity games and 21 JV games each season. There are approximately 17 to 18 Freshman games per season.
- All players are expected to wear WRHS practice gear that is available for purchase. Warm-ups and sweat suits are also available but are not required.
- Players must pass at least four classes to be eligible to play. Our expectation is that players communicate with staff if they need to make up tests, complete projects, or stay for extra help. Players may be disciplined for not behaving appropriately in school or on the court.
- We encourage our players in the off season to participate in the BFS program three times a week. This is a strength and conditioning program for high school students. Coaches run the in-season program which is one to two sessions per week.
- The program runs one to two major fundraisers per year and all players are asked to participate.